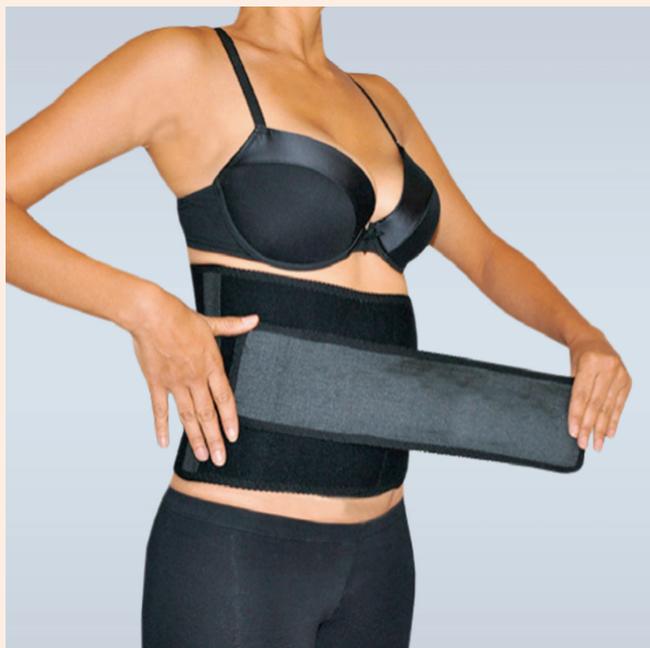


NU557
POST MATERNITY WRAP



Binding the tummy with your post maternity wrap will assist you in getting your pre-pregnancy tummy back faster, by reducing the swelling of the uterus, getting rid of water retention, aiding in back support, as well as compressing the abdominal area.

We recommend you consult your physician prior to use

FITTING INSTRUCTIONS

Hold the POST MATERNITY WRAP at each end, place it horizontally around your back with the interior boning at your back.

Wrap it snugly around your tummy and fasten the velcro tab onto the self gripper breathable material.

Use the adjustable elastic strap provided to create more support around the back or tummy area as needed.

We suggest ordering the size that corresponds with your pre-preggie pants size. Alternatively, during your 8th month or post birth, measure around the largest part of your tummy; this is usually at the belly button.

If your measurement falls between 2 size categories choose the one that correspondence with your pre-preggie pants size.

SIZE	PANTS SIZE POST-PREG	PRE-PREGGIE 8TH MONTH
XS	SIZE 30	72-82cm
S	SIZE 32	79-90 cm
M	SIZE 34	86-98cm
L	SIZE 36	93-106cm
XL	SIZE 38	100-114cm
XXL	SIZE 40	107-122cm

ORDERING INFORMATION	
SIZE	XS, S, M, L, XL, XXL
COLOUR	Black
MATERIAL	Brush

NU575
MATERNITY BRACE



Gentle, firm support to help relieve the back and abdominal muscle pains associated with pregnancy. Alleviates lower back pain during pregnancy by supporting the abdominal and back regions. It adjusts to accommodate abdominal growth throughout pregnancy.

We recommend you consult your physician prior to use

FITTING INSTRUCTIONS

Hold the MATERNITY BRACE at each end, place it horizontally around your back with the velcro facing outwards.

Wrap the brace snugly around the lower half of your tummy and fasten the velcro tab onto the medlastic material.

Use the adjustable elastic strap provided to create more support around the back as needed.

SIZE	MEASURED AROUND THE BELLY BUTTON
XXS - XS	80 - 95cm
S - M	95 - 111cm
L - XL	112 - 125cm
XXL - XXXL	126 - 141cm

ORDERING INFORMATION	
SIZE	XXS-XS, S-M, L-XL, XXS-XS, S-M, L-XL,
COLOUR	Black or White
MATERIAL	Elastic